

How to help your child learn and develop at home



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Your child will engage with a range of fun and exciting learning experiences during their time in nursery.

However there are many opportunities for learning and developing skills at home and out and about in the community.

Through research the following things have been found to be crucial for children to learn, develop and make progress.

*READING BOOKS AND STORIES
REGULALRY AND VISITING THE LOCAL LIBRARY

*SING FAMILIAR NURSERY RHYMES

*GOING ON JOURNEYS AND VISITS

*PLAYING WITH FRIENDS AND TAKING TURNS

*PAINTING, DRAWING AND MAKING MARKS ON PAPER.

*TALKING ABOUT THEIR DAY AND DESCRIBING WHAT THEY HAVE BEEN DOING.

Activities to help keep learning fun

<u>Literacy - Reading and Writing</u>



*Sing familiar nursery rhymes and songs. During singing the songs miss out key words and encourage your child to fill in the missing word/phrase. Encourage your child to clap along to the rhythm as they sing.

*Talk about words that rhyme and make up sill rhyming strings eg: log, pog, cog, sog, hog, tog.

*Play "I Spy" so your child begins to hear the different sounds at the beginning of familiar words.

*Encourage your child to write and mark-make as much as possible. Support them in writing shopping lists, labels, captions and their name. At first your child may produce lines and scribbles - this is exactly what we would expect them to do within early stages of writing. As your child becomes more confident you could encourage them to form familiar handwriting patterns and some letter shapes.

<u>Mathematics - Numbers and Shapes</u>



*Count stairs / steps as you go up and down them.

*Talk about the numbers you see in the environment and the community. Ask you child to identify the numbers they can see numbers on doors, vehicles labels and signs.

*Talk about the colours and the shapes which can be seen when you are out and about.









Independence

Independence within the Early Years framework is very important. You can help your child by;

*Encouraging them to put on their own coat, put on and take off their shoes and begin to help getting dressed.

*Use scissors to make snips in paper.



*Practice throwing and catching and balancing and enjoying physical activities as much as possible.